



pasta loft RESTAURANT

Take Out Menu

603.672.2270

Monday - Wednesday
Dining 11:30 - 9 • Pizzeria 11:30 - 9:30

Thursday - Saturday
Dining 11:30 - 9:30 • Pizzeria 11:30 - 11:00

Sunday
Dining 12:00 - 8:30 • Pizzeria 12:00 - 9:00

www.pastaloft.com

241 Union Square
Milford, NH 03055

Tuesdays - Two For Tuesdays Take Out

Buy any Large Specialty Pizza,
and get a large cheese pizza free!
Take out and delivery only!

Fried Seafood

Served with French Fries, Coleslaw & Tartar Sauce.
Substitute Veggies for your Fries for \$2.00

FISHERMAN'S PLATTER	\$24.99
A generous portion of lightly battered deep fried whole belly clams, scallops, shrimp & haddock	
2 WAY COMBO	\$21.99
Your choice of any two: scallops, shrimp, haddock or clams	
FRIED CLAM BASKET	\$21.99
Lightly battered & deep fried whole belly native select clams	
FRIED HADDOCK DINNER	\$16.99
A fillet of fresh native haddock, lightly battered & deep fried to a golden brown	
FRIED SCALLOP BASKET	\$20.99
A generous portion of scallops lightly battered & deep fried	
CLAM STRIP BASKET	\$14.99
Lightly battered & deep fried	

Seafood Specialites

SEAFOOD ALFREDO	\$21.99
A generous portion of sautéed lobster, shrimp & scallops tossed in our creamy Alfredo sauce with fettuccine	
LOBSTER MAC N' CHEESE	\$19.99
Cavatelli baked in a creamy cheese sauce, with fresh lobster, topped with Ritz bread crumbs	
BAKED HADDOCK	\$16.99
Fresh haddock topped with seasoned bread crumbs & baked to a golden brown	
Choice of French Fries, Baked Potato or Rice Pilaf	
BAKED SCALLOPS	\$20.99
Baked scallops topped with seasoned bread crumbs and baked to a golden brown	
Choice of French Fries, Baked Potato or Rice Pilaf	
SEAFOOD FLORENTINE	\$21.99
Fresh native haddock, shrimp & scallops baked en casserole with seasoned bread crumbs, laced in a spinach herb cheese sauce.	
Choice of French Fries, Baked Potato or Rice Pilaf	

Side Dishes

BASKET OF HOUSE FRIES	\$3.49
BASKET OF SWEET POTATO FRIES	\$4.49
BASKET OF ONION RINGS	\$5.99
HOMEMADE MEATBALLS AND SAUSAGE With marinara	\$6.99
FARMERS MARKET VEGETABLES	\$4.49
BAKED POTATO	\$3.99
LOADED BAKED POTATO	\$4.99
RICE PILAF	\$3.99
CEASAR SALAD	\$4.99
GARDEN SALAD	\$4.99

Pizza

PIZZA TOPPINGS

Each Topping Selection \$1.00/\$2.00

Onions • Green Peppers • Olives • Mushrooms • Jalapeños • Tomatoes
Sausage • Hamburger • Ham • Pepperoni • Meatballs • Garlic • Broccoli

GOURMET PIZZA TOPPINGS

Each Topping Selection \$1.50/\$2.50

Artichoke Hearts • Anchovies • Pineapple • Caramelized Onions • Portobello
Mushrooms • Sun dried Tomatoes • Spinach • Bacon • Grilled Chicken • Prosciutto

Each Topping Selection \$4.00/\$5.00*

Shrimp • Scallops • Steak Tips

OUR HOUSE	10"	16"
Tomato sauce & mozzarella cheese	\$9.99	\$11.99
EXTRA CHEESE	\$1.50	\$2.50
Mozzarella, feta or ricotta		
GLUTEN FREE DOUGH	AVAILABLE 12"	\$12.99
Tomato sauce & mozzarella cheese		
RICH'S CAULIFLOWER GLUTEN FREE DOUGH	AVAILABLE 12"	\$12.99
Tomato sauce & mozzarella cheese		
HOT BUFFALO CHICKEN	\$13.99	\$15.99
Our house hot tenders, Blue cheese & mozzarella cheese		
GRILLED CHICKEN BARBEQUE	\$13.99	\$15.99
Grilled chicken, chopped bacon & red onion, with our house BBQ sauce		
WHITE PIZZA	\$11.99	\$13.99
Extra virgin olive oil, fresh herbs, roasted garlic & an array of Italian cheeses		
CHICKEN & BROCCOLI ALFREDO	\$14.99	\$16.99
Chicken and broccoli over our creamy house Alfredo sauce & mozzarella cheese		
FARMERS MARKET VEGETABLE	\$11.99	\$13.99
Grilled Italian seasoned farmers market vegetables atop our pesto sauce & mozzarella		
FEASTA	\$13.99	\$15.99
Sausage, ham, pepperoni, meatball & prosciutto atop a layer of mozzarella cheese & tomato sauce		
TOMATO BASIL	\$11.99	\$13.99
Extra virgin olive oil, fresh basil and roasted garlic topped with sliced Roma tomatoes and fresh buffalo mozzarella		
CHICKEN PORTABELLO	\$13.99	\$15.99
Grilled chicken, Portobello mushrooms, caramelized onions, our homemade pizza sauce and mozzarella cheese		
GREEK	\$11.99	\$13.99
Roasted garlic, fresh herbs, sliced tomatoes, red onion, Kalamata olives and feta cheese		
SALTIMBOCCA	\$12.99	\$14.99
Artichoke hearts and prosciutto placed on a bed of our homemade pizza sauce and topped with provolone		
LOFT SPECIALITY	\$13.99	\$15.99
Sausage, pepperoni, mushrooms, onions and peppers atop a layer of mozzarella cheese & tomato sauce		

Sautéed Dishes

Sub Gluten free Penne \$3.00

Choice of Garden Salad or Italian Wedding Soup

TORTELLINI PESTO	\$16.99
Tri-colored cheese filled tortellini tossed in a light pesto cream sauce.	
Add Chicken \$3.99	
CHICKEN PICCATA	\$17.99
Boneless breast of chicken sautéed with capers in a garlic, lemon white wine and butter sauce over your choice of penne, spaghetti or fettuccine	
CHICKEN BROCCOLI ALFREDO	\$17.99
Grilled chicken tossed in our Alfredo sauce with steamed broccoli & fettuccine	
CHICKEN MARSALA	\$17.99
Sautéed chicken with mushrooms & fresh parsley tossed in our marsala wine with your choice of penne, spaghetti or fettuccine	
BUFFALO MAC N' CHEESE	\$16.99
Our house buffalo tenders tossed with a creamy cheese sauce & Cavatelli, topped with Ritz crumbs & baked to a golden brown	
AVAILABLE HOT OR HONEY BUFFALO	
CHICKEN ZITI BROCCOLI	\$16.99
Chicken sautéed in garlic butter with broccoli, flamed with white wine tossed with ziti and Romano cheese over your choice of penne, spaghetti or fettuccine	
GRILLED CHICKEN SPINACH RAVIOLI	\$17.99
Fresh ravioli stuffed with spinach and roasted garlic topped with grilled chicken, artichoke and chopped tomatoes, laced with a tomato herb cream sauce.	
CHICKEN MEDITERRANEAN	\$17.99
Sautéed chicken, tomatoes, artichoke hearts, olives, spinach & feta tossed in a garlic white wine sauce with penne pasta	
CHICKEN CARBONARA	\$18.99
Sautéed chicken, sliced Bermuda onions, tomatoes, spinach and smoked bacon cooked in a creamy parmesan cheese sauce with fettuccini	
FARMER'S MARKET PASTA	\$15.99
Grilled garden vegetables sautéed in olive oil and fresh herbs, served over spaghetti topped with Romano cheese	
Add Chicken	\$3.99

Calzones

OUR HOUSE CALZONE	\$9.99
Tomato sauce & mozzarella cheese	
Fill your calzone with any of our Pizza Offerings	
CHICKEN CAPRESE CALZONE	\$13.99
Grilled chicken, fresh mozzarella & chopped tomatoes & basil	
HONEY BUFFALO CHICKEN	\$13.99
Our house honey buffalo tenders, Blue cheese & mozzarella cheese	
HOT BUFFALO CHICKEN	\$13.99
Our house hot tenders, Blue cheese & mozzarella cheese	
MEAT LOVER	\$13.99
Sausage, meat ball, pepperoni, ham, prosciutto & mozzarella	
VEGETARIAN	\$10.99
Grilled Italian seasoned farmers market vegetables, sauce & cheese	

Appetizers

CHICKEN TENDERS (5) Deep fried, breaded tenders over a bed of fries	\$10.99
HONEY BUFFALO TENDERS (3) Fresh, breaded tenders deep fried & tossed in our house honey buffalo sauce, with celery, carrots & bleu cheese (Also available as HOT tenders)	\$10.99
HONEY BUFFALO WINGS (8) Wings tossed in our famous honey buffalo sauce served with celery, carrots & bleu cheese (Also available as HOT wings)	\$9.99
WINGS (PLAIN) (8) Basket of deep fried chicken wings	\$8.99
SHRIMP COCKTAIL (5) Jumbo chilled shrimp, with cocktail sauce & fresh lemon	\$9.99
SCALLOPS WRAPPED IN BACON (7) Sea scallops wrapped with hickory smoked bacon baked in a honey brown sugar glaze served on a bed of rice	\$11.99
FRIED RAVIOLI (7) Cheese filled ravioli, lightly fried then drizzled with garlic cream sauce served with our homemade marinara sauce	\$8.99
FRIED MOZZARELLA STICKS (6) Fried mozzarella sticks served with homemade marinara sauce	\$8.99
COCONUT SHRIMP (5) Large coconut battered shrimp fried golden with a spicy sweet and sour sauce	\$8.99
PIZZA BREAD Brick oven baked fresh tossed pizza dough filled with an array of cheese, herbs and spices accompanied with our homemade marinara sauce	\$7.99
LOADED NACHOS Crisp corn spicy tortillas baked with jack cheese, onions, tomatoes, olives & jalapeños, with salsa & sour cream on the side. Add Chicken OR Beef \$2.99	\$8.99
QUESADILLA A flour tortilla stuffed with jack cheese, baked to a golden brown, served with salsa & sour cream Add Chicken OR Beef \$2.99	\$6.99
STUFFED POTATO SKINS (4) Loaded with crispy bacon & jack cheese served with sour cream	\$8.99
BASKET OF BUFFALO WAFFLE FRIES Served with bleu cheese	\$6.99
CHIPS AND SALSA Basket of spicy tortilla chips with our homemade salsa	\$4.99
BUFFALO CHICKEN RANGOON'S (6) Our homemade Rangoon's made with cream cheese, bleu cheese with our buffalo chicken	\$9.99
PASTA LOFT SAMPLER (No Substitutions) Our famous wings, potato skins, coconut shrimp, fried mozzarella sticks and buffalo chicken Rangoon's	\$14.99
GARLIC BREAD With marinara	\$4.99
With cheese	\$5.99

Salads / Soups

GARDEN SALAD Mixed greens, cucumbers, cherry tomatoes, peppers, red onions & carrots	\$8.99
CHEF SALAD A garden salad topped with sliced turkey, ham, roast beef & provolone cheese	\$11.99
HONEY DJON SALAD Fried chicken breast tossed in our honey Dijon sauce served over a garden salad with bacon bits	\$11.99
CRANBERRY WALNUT CHICKEN SALAD Cranberries & walnuts served over a house salad with sliced grilled chicken	\$11.99
CAESAR SALAD Romaine tossed with Caesar dressing, topped with shredded parmesan & croutons	\$8.99
CAPRESE SALAD Mixed greens topped with plum tomatoes and fresh mozzarella	\$10.99
SALMON ALMANDINE SALAD Marinated grilled filet of salmon, topped with asparagus spears and toasted almonds atop a garden salad	\$13.99
MEDITERRANEAN SALAD Roma tomatoes, red onions, feta cheese, provolone, pepperoni, kalamata olives, marinated mushrooms and artichokes served over garden greens and our homemade balsamic dressing	\$11.99
STRAWBERRY GOAT CHEESE Baby mescaline greens, sliced strawberries, candied pecans and fresh goat cheese dressed in our raspberry vinaigrette	\$11.99
GREAT BAY CLAM CHOWDER	\$5.99 / \$7.99
ITALIAN WEDDING SOUP	\$4.99 / \$6.99
TOP YOUR SALAD WITH: GRILLED CHICKEN \$3.99 • STEAK TIPS \$7.99 • GRILLED SHRIMP \$7.99	

Burgers / Sandwiches / Wraps

Served with our House Fries, Substitute them for Sweet Potato for \$1.00.
Onion Rings \$1.50. GF Wrap \$2.00

THE LOFT BURGER 8 oz. 100% Angus burger topped with your choice of cheese, lettuce, tomato & onion, served on a bulky roll.	\$10.99
BACON CHEDDAR BURGER 8 oz. 100% Angus burger topped with crisp bacon, cheddar cheese, lettuce, tomato & onion, served on a bulky roll	\$11.99
AVOCADO BURGER 8 oz. 100% Angus burger topped with Jalapeno bacon, Avocado, Chipotle ranch dressing, lettuce, tomato & onion, served on a bulky roll	\$14.99
BACON EGG BURGER 8 oz. 100% Angus burger topped with apple wood smoke bacon, cheddar cheese, topped with a fried egg, lettuce, tomato & onion, served on a bulky roll	\$14.99
CAPRESE CHICKEN SANDWICH Grilled chicken topped with balsamic, fresh mozzarella, tomatoes, basil & romaine, served on our homemade bread	\$9.99
FRIED HADDOCK SANDWICH Lightly battered, deep-fried Native haddock, served on a bulky roll with lettuce & tomato	\$10.99

FRIED CLAM ROLL Lightly battered, deep-fried whole belly clams served on a toasted roll	\$16.99
CHICKEN BACON MELT Grilled chicken & bacon topped with melted cheddar, lettuce & tomato, served on bulky roll	\$9.99
TUNA MELT Tuna salad with Swiss cheese and choice of bread grilled	\$8.99

Hot/Cold Subs

Available on white/wheat / GF \$2.00 wraps.

ITALIAN Imported ham, capicola, Genoa salami, provolone, lettuce, tomato, onion and pickles	\$7.99
OVEN ROASTED TURKEY Slow roasted turkey breast with provolone cheese	\$7.99
IMPORTED HAM Thin sliced ham & provolone cheese	\$7.99
ROAST BEEF Our own oven roasted beef with provolone cheese	\$7.99
CHICKEN CAESAR WRAP Grilled chicken tossed with romaine, creamy Caesar and shredded parmesan	\$8.99
GRILLED VEGETARIAN Grilled farmers market veggies & melted provolone	\$7.99
CHICKEN PARMESAN Lightly breaded chicken breast baked with marinara & provolone	\$8.99
VEAL PARMESAN Tender veal baked with marinara & provolone	\$8.99
EGGPLANT PARMESAN Lightly breaded, hand cut eggplant baked with marinara and melted provolone	\$8.99
MEATBALL Jumbo meat balls with marinara & provolone	\$7.99
CHICKEN FINGER Breaded tenders deep fried & choice of cheese	\$8.99
HONEY BUFFALO CHICKEN Our own breaded tenders tossed in our honey buffalo sauce, with lettuce, tomato & bleu cheese	\$8.99
STEAK TIP & CHEESE 100% Angus beef tips with melted American cheese	\$8.99
TERIYAKI STEAK BOMB \$9.99/ CHICKEN \$8.99 100% Angus beef tips with onions, peppers, mushrooms, & melted American cheese or without Teriyaki sauce	
FRENCH DIP Sliced prime rib dipped in au jus, topped with caramelized onions & provolone cheese on a toasted roll	\$8.99
HOT PASTRAMI Lean pastrami with mustard & melted provolone cheese	\$7.99
BLT An American classic: crisp bacon, lettuce & tomato with mayo	\$7.99

Italian Style Dishes

VEAL PARMESAN Tender veal, pounded, breaded, baked with our marinara sauce, mozzarella cheese, served over your choice of penne, spaghetti or fettuccine	\$17.99
CHICKEN PARMESAN Lightly breaded and baked with our house marinara sauce & mozzarella cheese, served over your choice of penne, spaghetti or fettuccine	\$16.99
EGGPLANT PARMESAN Sliced eggplant lightly breaded stacked high with ricotta & mozzarella topped with marinara & baked, served over your choice of penne, spaghetti or fettuccine	\$16.99
LASAGNA Fresh pasta layered with beef, sausage, and a blend of ricotta, mozzarella, Romano and parmesan cheese topped with meat sauce	\$15.99
THE LOFT COMBO Lasagna, chicken parmesan, veal parmesan, meatball and sausage all topped with our homemade meat sauce Add your choice of penne, spaghetti or fettuccine \$2.00	\$19.99
CHEESE RAVIOLI Cheese ravioli topped with our marinara - Made from Fresh Pasta	\$13.99
SPAGHETTI OR ZITI Topped with our marinara With sausage or homemade meatballs	\$10.99 \$13.99

From the Grille

Served with our House Fries, Substitute them for Sweet Potato for \$1.00.
Onion Rings \$1.50. GF Wrap \$2.00

GRILLED STEAK TIPS 100% Angus beef tips house marinated and flamed-grilled to your liking served with our house grilled vegetables and your choice of French fries, rice pilaf or baked potato	\$18.99
BRAISED SHORT RIBS Boneless short ribs slow roasted in a Zinfandel reduction served with our house grilled vegetables and your choice of French fries, rice pilaf or baked potato	\$17.99
NEW YORK SIRLOIN Choice New York sirloin strip flame-grilled to your liking served served with our house grilled vegetables and your choice of French fries, rice pilaf or baked potato	\$21.99
TOP YOUR GRILLE WITH	
GRILLED SCALLOPS	\$9.99
GRILLED SHRIMP	\$7.99
GRILLED SALMON	\$8.99
CARAMELIZED ONIONS & PORTOBELLA MUSHROOMS	\$3.99

Healthy Kabobs

Grilled Marinated Chicken Kabobs Served over rice pilaf and sautéed grape tomatoes Choice of Garden Salad or Italian Wedding Soup • No Substitutions	\$13.99
---	----------------